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| Date 21/11/2015 | Clinician | | | Questionnaire | | | Attachment |
| Notes : 73 Years, male, 15 years of illness history, with episodes of mania and depression, currently in depression, Medical history of hypertension, asthma, ; F/H/ BPAD to 3 children, paternal family; Plan: T Sod Val 500 mg hs; T Quet 25 mg hs; T Cital 10 mg hs; T Nitrazepam5 mg hs; r/v 1 week.  28/11/15: Stable; Plan: Same; r/v 1 wk.  05/12/15: Stable; Incr T Sod Val 200 mg bd; r/v 2 wks.  19/12/15: Weak, need assistance, Phsical illness present; Plan: Stop T Sod Val 200mg 1-0-1; Incr T Citalopram 20mg 0-0-1; r/v 2 wks.  02/01/16: Stable; r/v 2 wks.  05/01/16: Physical problems worsend. Plan: Stop All drugs. r/v sos.  16/01/16: Physical problems settled. Irritable; Plan: Start T Sod Val 200 mg hs; r/v 2 wks.  30/01/16: Stable; Plan: Incr T Sod Val 200 mg bd; r/v 2 wks.  13/02/16: Stable; r/v 2 wks.  26/02/16: C/o irritable;Low mood; Plan: Add T Quet 25 mg hs; r/v 2 wks.  12/03/16: Much better; But paranoid ideas present; r/v 1 week.  19/03/16: Bejar and decr sleep; Plan: Incr T Quet 50 mg hs; Add T Cital 20 mg hs; r/v 1 week.  26/03/16: Stable; r/v 4 wks.  21/05/16: Depressed. Plan: Incr T Cital 30 mg hs; r/v 1 week.  28/05/16: Much better; r/v 2 wks.  11/06/16: Depressed; Plan: Incr T Cital 40 mg hs; r/v 2 wks.  25/06/16: Tiredness; Physical problems; Plan: Stop T Quet 25 mg hs; r/v 2 wks.  09/07/16: Well; r/v 2 wks.  17/09/16: Physical problems; Stop T Sod Val 200 mg bd; r/v 2 wks.  13/08/16: Stable; r/v 2 wks.  20/08/16: Manc relapse; Add T Sod Val 200 mg hs; Add T Quet 50 mg hs; Stop T Cital 20 mg hs; r/v 1 wk.  27/08/16: Settled. Plan: r/v 2 wks,  10/09/16: Stable; r/v 2 wks.  17/09/16: Irritability; Incr T Quet 75 mg hs; Add T THP 2mg 1-0-0; r/v 2 wks.  14/09/16: Well. r/v 2 wks.  15/10/16: Well. r/v 2 wks. | | | | | | | |
| Diagnosis:  No: | | | 3 Month Clinical Outcome | | | Medication | |
| Patient Number | | 11 | | |
| Patient Forename | | Vidyanandan | | |
| Patient Surname | | K | | |